

## Welcome

*(Use this time to welcome people)*

## Gathering and Welcoming Prayer

God has lavished on us every perfect gift  
from above and called us to living intimacy  
through the beloved one,  
Jesus Christ our Lord.

## Music/Song *(You can copy, paste & download these songs with Lyrics)*

Who you are to me – Chris Tomlin

<https://vimeo.com/worshipwell/download/583267818/0b4a5428f7>

## Prayer for Forgiveness & Thanksgiving

Let us confess our sins to our loving God  
who calls us close through our beloved Saviour,  
Jesus Christ our Lord.

Loving, righteous God,  
our hearts are sometimes defiled with the wickedness you hate.  
You have called us to yourself, but we have often gone away.  
Forgetting your living Word, we can cling to dead traditions.  
Deceiving ourselves, we can abandon your commandments.  
We sometimes honour you with our lips  
while our hearts are far from you.  
Cleanse our hearts from evil intentions Lord;  
And cleanse our tongues from evil words  
so that our worship may be pure and undefiled  
and we may live with you in love for all of your creation. Amen.

Our generous God has given us the perfect gift of forgiveness,  
Jesus Christ our Lord, has liberated us from dead tradition  
and made us new by the living Word,  
Let our hearts be filled with God's love.

*Thanks be to God!*

## Passing the Peace

The Spirit within me honours the Spirit within you.

*(Turn to those around you and greet them with the words above)*

## Notices

## Offerings

Living God, thank you for your gifts of life— fragrant flowers, fruitful vines, singing creatures, and our own lives, renewed in Christ.  
Let your grace infuse the gifts we offer with life-giving power for those in need.  
In the name of the Father and of the Son and of the Holy Spirit.  
Amen.

## Prayers for Others *(Take this time to pray for our world, our local community, and individuals)*

## Music/Song

When I Look into Your Holiness

<https://vimeo.com/worshipwell/download/571493132/beb4a8ce7c>

## Readings for Today

Song of Songs 2:1-13    Mark 7:1-23

## Reflection

What has tradition done for me, I and us?

<https://vimeo.com/worshipwell/download/589203939/67f0f958ee>

## Music/Song

Beautiful Things – Gungor

<https://vimeo.com/worshipwell/download/588140787/2d83e6d48a>

## Questions related to the Reflection

- What are some unhelpful practices you think we need to re-visit? Why?
- What part of our church tradition has been life giving? How do you see it contributing to our pilgrimage?

## Silence

Now let silence gently enfold us...

May the silence we now share quieten us, touch our need, refresh our courage,  
and enlarge our wonder.

### *Closing Prayer & Blessing*

Listen to the life-giving words of the Beloved One,  
Jesus Christ our Lord!

Look into God's perfect law of liberty and persevere  
in God's blessing!

Live in God's love, caring for those in need from  
a heart filled and blessed  
by the power of the Holy Spirit through Jesus Christ  
our Lord.

And may God, who has blessed you forever with every perfect gift  
from above,  
free you to rise and live in the embrace  
of eternal love.

*Music/Song* (Optional - You may wish to include another piece of music or  
song here)

Oh let the Son of God Enfold You

<https://vimeo.com/worshipwell/download/561637774/acdeb14e46>

Adapted from:

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What has tradition done for me, I and us  
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